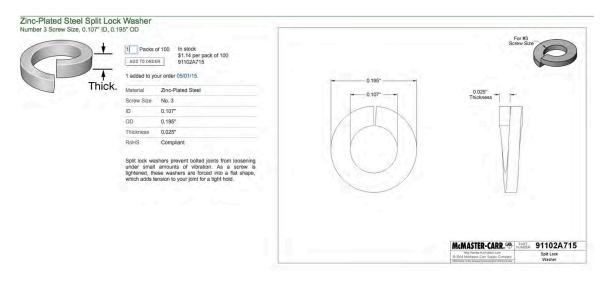
The spacers can be o-rings (as shown: -003 size) or they can be split lock washers as shown below (#3 Screw Size Split Lock Washers: 100 for \$1.14 from McMaster):



Then when it is re-assembled there will be gaps as shown below:



Our 6210* teams did this for worlds and there was no more sticking.